

CANTERBURY HARRIERS

NEWS UPDATE

Dear Harrier,

Please find enclosed an up-to-date copy of the Club Records, a copy of the final results from the Today's Runner League and race best times up to the 21st February 1995. Please let me know if there are any alterations to be made.

TODAY'S RUNNER LEAGUE PRESENTATION EVENING -
FRIDAY, 10TH MARCH - VENUE: THE WOODSTOCK CLUB, SITTINGBOURNE

Tickets are available from Bonny for this evening out. The cost is £1.00 per head which includes a buffet, 7.30pm for 8pm.

TODAY'S RUNNER LEAGUE FINAL

As most of you already know, the date for this cross country final is the 24th March at Nottingham. Unfortunately the date falls one week before the London Marathon so a few of our Harriers are unable to attend. I would be grateful if you could let me know as soon as possible whether you are available to run (or just supporting), so arrangements regarding transport can be made. The cost will be notified in due course. Those who have already expressed interest in running are:

Kevin Mitchell, Andy Colling, Jim Maguire, Steve Reynolds, Laurence Shaw, Robert Hall, Warwick Rance, Ben Penfold, Denise Farnham, Georgina Harland, Eve Barrington, Keith Curtis, Bob Davison.

LONDON MARATHON

We will of course be taking a coach to the Marathon and seats can now be reserved. The cost will be £5.00 per head and this must be paid by no later than Thursday, 23rd March. Please complete the form attached and hand it to Bonny with your cheque made payable to Canterbury Harriers.

CLUB MEMBERSHIP DISCOUNTS

Just a reminder that your Club Membership card can be used at the following shops who offer us a 10% discount:-

CSL Sports at Maidstone, Warreners at Herne Bay, City Sports, Canterbury Sports and Holland & Barretts (for all your essential vitamins and isotonic drinks). For purchases of Tandy electronic goods, try having a word with Roy Gooderson.

It is also hoped that Cobra and Olympus may be able to offer us something in the near future and details will be notified in due course.

CLUB RECORDS

Congratulations to John Minshull and Denise Farnham, both recently achieved new Club Records - John V60 Techpro 10K 51.04 and Denise V35 Canterbury 10m 62.22.

CANTERBURY HARRIERS Are Ordinary People with Extraordinary Determination

CANTERBURY HARRIERS

NEWS UPDATE

TODAY'S RUNNER CROSS COUNTRY FINAL
NOTTINGHAM - SUNDAY 24TH MARCH 1995

In confirm that I intend to run at the above race and will be/will not be bringing a supporter(s).

Name

LONDON MARATHON - SUNDAY 2ND APRIL 1995

Please reserve me seats on the coach. I have enclosed a cheque made payable to Canterbury Harriers in the sum of £

Name

I will meet the coach at:

Canterbury Bus Station
Love Lane, Faversham
Medway Services (M2)

CANTERBURY HARRIERS
CLUB RECORDS

10 KILOMETERS

G CALLAGHAN	32.20	LE TOQUET	1994	B APPLEBY	37.06	LE-TOQUET	1993
V40 J HICKS	36.32	SOUTHEND	1993	D FARNHAM	37.42	BRIGHTON	1994 V3
V50 L WILLIS	40.15	SOUTHEND	1993	B APPLEBY	37.06	LE-TOQUET	1993 V4
V60 J MINSHULL	51.04	TECHPRO	1995	H PAINE	41.52	WHITSTABLE	1994 V4
				J HAAS	54.08	SOUTHEND	1994 V5

10 MILES

G CALLAGHAN	54.17	SITBOURNE	1993	A OBORNE	62.01	HARLOW	1994
V40 J HICKS	61.00	SITBOURNE	1993	D FARNHAM	62.22	CANTERBRY	1995 V35
V50 T REAVELY	60.52	SITBOURNE	1994	B APPLEBY	63.55	SITBOURNE	1994 V40
V60 J MINSHULL	86.49	THANET	1994	H PAINE	68.15	AYLESHAM	1994 V45
				J HASS	92.04	SITBOURNE	1994 V50

1/2 MARATHON

G CALLAGHAN	1.12.21	ST NEOTS	1994	B APPLEBY	1.22.20	PADD WOOD	94
V40 L SHAW	1.26.03	WIMBLEDON	1994	D FARNHAM	1.25.31	PADD WOOD	94 V35
V50 L WILLIS	1.27.23	PADD WOOD	1994	B APPLEBY	1.22.20	PADD WOOD	94 V40
V60 - VACANT	////////////////////			VACANT	////////////////////		V45
				J HAAS	2.07.00	CANTERBURY	94 V50

MARATHON

T MURRAY	2.49.17	LONDON	1994	A OBORNE	2.53.10	LONDON	1994
V40 S THOMAS	2.53.01	LONDON	1994	VACANT	////////////////////		V35
V50 L WILLIS	3.17.00	LONDON	1994	B APPLEBY	2.54.09	LONDON	1994 V40
V60 VACANT	////////////////////	////		T DOWNS	4.44.53	LONDON	1994 V45
				J HAAS	4.49.00	LONDON	1994 V50

Dear Athletes,

I know that quite a lot of you have run faster than the times recorded above, " especially " in the Veteran Ladies age groups, so the question you should be asking yourself is, have I run a faster time since running in the SPURS colours of CANTERBURY HARRIERS? Please remember your Club was formed on the 1ST AUGUST 1993. If you have a time that is faster than before this date, it will not be accepted as a Club Best performance; BUT if you have run faster since becoming a SPURS SUPPORTER, oooopps I mean a Harrier, let me know so I can put the records straight.

CANTERBURY HARRIERS.

UPDATE - UPDATE - UPDATE - UPDATE 21-02-1995

10 k		10 miles		1/2 marathon
ANDY COLLING	33.52	GREG CALLAGHAN	55.47	
MAURICE KING	34.20	ANDY COLLING	56.22	KEVIN MITCHELL 1.19.03
KEVIN MITCHELL	34.30	KEVIN MITCHELL	57.02	ANDY COLLING 1.19.15
		ROBERT SARGEANT	58.10	PAUL MASON 1.28.48
				DAVID GREENWOOD 1.28.58
RUSS BRIDGES	35.12	RUSSELL BRIDGES	58.53	TERRY PAGRAM 1.35.20V50
TONY REAVELY	36.39V50	TONY REAVELY	60.52V50	GILES GUTHRIE 1.35.53
		GLYN JENKINS	61.13V2c	
BOB DAVISON	37.45V40	BOB DAVISON	62.08V40	DAVID JOY 1.35.54
DAVID SMITH	37.57V40	KEITH C PAGE	62.55	DENYER KITTLE 1.36.00
MIKE BARRINGTON	38.27V40	DAVID SMITH	63.02V40	
		ROBERT HALL	63.14	
MINNE BOELEN	38.45	TONY DADD	63.25	
ROBERT HALL	39.23	STEVE THOMAS	64.05V40	
GERRY REILLY	39.33V40	MINNE BOELEN	64.17	
STEVE THOMAS	39.48V40	JOE HICKS	64.42V40	
		PAUL MASON	65.17	
TONY DADD	40.25	MIKE BARRINGTON	65.20V40	
TERRY PAGRAM	41.31V50	DENYER KITTLE	65.24	
		STEVE CLARK	65.31	
STEVE CLARK	41.44V40	ROBERT DAVISON	66.03V40	
PETE GREENWOOD	42.00V50	GERRY REILLY	66.35V40	
MARK BALMAN	42.42	ANDREW BRANCHETT	67.20V40	
STEVE SWEETLAND	42.52	ROY GOODERSON	67.29	
MIKE EASON	43.00	LAURENCE SHAW	68.01V40	
		MIKE EASON	68.43	
DAVE JOY	43.47	PETE GREENWOOD	70.20V50	
JOHN MINSHULL	51.04V60	DAVE GREENWOOD	70.20	
BILL BURT	57.15V60	DAVE JOY	70.15	
		STEVE CLARK	70.32V40	
		MIKE EASON	71.30	
		GRAHAME SEAR	72.12	
		GILES GUTHRIE	72.33	
		TERRY PAGRAM	72.51V50	
		MARK BALMAN	73.00	
		JOHN HOGAN	75.32V40	
		STEVE SWEETLAND	77.00	
		DEREK TAYLOR	83.00	
		JOHN MINSHULL	86.49V60	
		COLIN DOWNES	92.32	
		BILL BURT	105.00V60	

DENISE FARNHAM	37.22V35	DENISE FARNHAM	62.22V35	ALICE OBORNE	1.23.02
BONNY APPLEBY	37.51V40	BONNY APPLEBY	63.36V40		
		JOANNE JENKINS	65.25V35	BONNY APPLEBY	1.24.49V40
		SARAH VAUGHAN	65.29		
		ALICE OBORNE	69.20		
JOANNE JENKINS	38.39V35	HELEN PAINE	72.31V45		
SARAH VAUGHAN	39.30	ANITA PHILLIPS	74.45V35		
HELEN PAINE	43.44V45	EVE BARRINGTON	82.36V40		
ANITA PHILLIPS	44.43V35	JUNE TANNER	85.00V40		
EVE BARRINGTON	48.20V40	ALISON BRIDGES	89.08		
		SHARON PULLEN	90.04		
ALISON BRIDGES	51.57	JUNE HAAS	92.04V50		
JUNE HAAS	55.00V50	ERICA ACKERMAN	105.00V50		
SHARON PULLEN	55.36V35				
TRISH DOWNS	56.00V50				
LYNN COLEMAN	61.04V35				

MARATHON

TERRY PAGRAM 3.24.00V50
 PETE GREENWOOD 3.35.00V50
 DAVID GREENWOOD 3.45.00

MARATHON

ALICE OBORNE 2.54.44

TODAYS CROSS COUNTRY RUNNER LEAGUE - FINAL RESULTS

	C A N T	C O B H	P A D D	M I N N	W O D D	M A I D	D E A L		TOTAL	
ANDY COLLING	3	2	5	3	3	//	//	16		
KEVIN MITCHELL	//	8	3	//	9	9	7	33	TOTTENHAM	HOTSPURS
PAUL RODGERS	19	31	18	31	11	14	//	93		
ROBERT HALL	81	34	39	29	20	15	14	112		
WARRICK RANCE	33	45	32	35	40	43	34	174		
ROY GOODERSON	66	//	54	51	70	72	56	297		
DAVID JOY	69	88	67	86	79	95	//	389		
GREG CALLAGHAN	//	5	2	//	//	4	6	17	AFTER	4 EVENTS
GILES GUTHRIE	//	//	66	//	73	80	58	277	"	" "
GRAHAME SEAR	77	94	//	//	86	//	59	316	"	" "
ROB SARGEANT	//	//	//	//	21	26	22	69	AFTER	3 EVENTS
STEVE REYNOLDS	//	//	//	//	41	29	21	91	"	" "
RUSSELL BRIDGES	//	14	//	//	//	45	38	97	"	" "
TONY REAVELY	//	//	38	//	35	40	//	113	"	" " V50
MIKE EASON	64	86	//	//	//	74	//	224	"	" " "
GERRY REILLY	59	//	//	//	102	78	//	239	"	" " V40
PETE GREENWOOD	//	//	//	78	121	130	//	329	"	" " V50
DEREK TAYLOR	149	//	164	//	172	//	//	485	"	" " "
KEITH CURTIS	//	//	//	20	32	//	//	52	AFTER	2 EVENTS
BILL WOLEDGE	16	//	//	//	43	//	//	59	"	" " "
GLYN JENKINS	//	//	//	//	34	38	//	72	"	" " V50
BEN PENFOLD	//	//	//	//	24	51	//	75	"	" " "
TONY DADD	32	48	//	//	//	//	//	80	"	" " "
DENYER KITTLE	49	51	//	//	//	//	//	100	"	" " "
PETER DONALDSON	10	//	//	//	//	//	//	10	AFTER	1 EVENT
MAURICE KING	//	//	//	//	17	//	//	17	"	" " "
NIGEL KIRKNESS	//	22	//	//	//	//	//	22	"	" " "
JIM JOINER	//	//	//	84	//	//	//	84	"	" " "
MARK BALMAN	//	//	//	102	//	//	//	102	"	" " "
ANDREW CLUNE	119	//	//	//	//	//	//	119	"	" " "
TERRY PAGRAM	//	//	//	//	129	//	//	129	"	" " V50
ROBERT DAVISON	23	//	44	27	30	36	//	160	VET	40
JOE HICKS	42	63	45	//	42	46	//	238	VET	40
LAURENCE SHAW	34	//	//	58	57	68	51	268	VET	40
JIM MAGUIRE	//	78	61	49	62	99	55	305	VET	40
SARAH VAUGHAN	37	62	//	//	49	63	44	246		
ALICE OBORNE	35	//	56	//	84	91	64	330		
BONNY APPLEBY	//	//	55	55	54	73	53	290	VET	40
EVE BARRINGTON	147	//	171	143	202	180	//	843	VET	40
HELEN PAINE	98	93	//	//	83	82	81	437	VET	45
ANGIE MAGUIRE	155	211	//	//	//	//	232	598	AFTER	3 EVENTS
DENISE FARNHAM	//	//	//	68	//	47	//	115	AFTER	2 EVENTS
JOANNE JENKINS	//	//	//	//	83	//	//	83	AFTER	1 EVENT
ALLISON BRIDGES	//	//	//	135	//	//	//	135	"	" " "
ANITA PHILIPS	//	//	139	//	//	//	//	139	"	" " "
TRISCH DOWNS	151	//	//	//	//	//	//	151	"	" " "
JUNE HAAS	154	//	//	//	//	//	//	154	"	" " "